#### Icebreaker:

Can you think of an example in your life in which you are dealing with an ongoing tension that you bring before God? Do you have any stories in your life of conflicting emotions of both sadness and joy?

IEVER HEARD

August 18 - 24

**Never Heard That | Division or Unity** 

#### **Before You Read**

• What do your emotional interactions with God look like? (Joy, Sorrow, Praise, Confusion, Anger, etc)

## Read Psalm 55:1-8

- In verses 1-8 How does David describe the way he is feeling?
  - If you had to sum up David's emotional state in this passage with one word, what would it be?
  - What could lead David (or anyone) to bring such distress before God?
  - Is David too demanding by telling God to listen to him?
  - Why do you think David desires to be like a dove?
  - How do you relate to David's experience here?
- What assumptions can we make about how David views God's character based on these passages?
  - Do these assumptions line up with scripture anywhere else?
  - What is David trusting God to do in this situation?

# Read Psalm 55:9-15

- In verses 9-15 How has David's emotional tone changed since the previous set of passages?
  - What are David's worries now in this passage?
  - What actions are being asked of God in this passage?
  - What does David believe about God's character based on what he's asking for in these passages?
  - How do you relate with David's transition from his anxiousness in the previous passages to his call for justice in these passages?

# Read Psalm 55:16-23

- In verses 16-23 how would you describe David's emotional shift in one word?
  - What actions does David describe to show his trust in God?
  - Based on this passage, how does David view God's character?
  - Where do you see instances of Mercy and Justice in this passage?
  - How does this passage resolve the tension of the previous passages?

## Application

- What makes David so relatable to our own lives in this chapter?
- What does David do here to ensure he gives God glory during hardship?
- What traps do we fall into when "venting" our frustrations?
- How do we place our trust in Jesus in the midst of our own anger and anxieties?
- We see David set the example for us here in how to place your full trust in God, but how can we help set the same example for newer believers who watch us?