

SERIES: 'WALK WORTHY'- -12/15/24 (#7)

PASTOR ROB

- **Pastor Rob: "These are the words of David, the King of the Jewish people who is known as being a man after God's own heart....a man honest with God....a man who knew where his spiritual strength came from and a man who was an example to us of someone who knew how to 'WALK WORTHY'. "**

Psa 69: 1-5 - Save me, O God!. For the waters have come up to my neck. (2) I sink in deep mire, where there is no foothold; I have come into deep waters, and the flood sweeps over me. (3) I am weary with my crying out; my throat is parched. My eyes grow dim with waiting for my God. (4) More in number than the hairs of my head are those who hate me without cause; mighty are those who would destroy me, those who attack me with lies. What I did not steal must I now restore? (5) O God, you know my folly; the wrongs I have done are not hidden from You.

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- **The Apostle Paul, with just as much intensity as David, prays intensely that we would have spiritual strength.**

Eph 3: 14-21 - For this reason, I bow my knees before the Father, (15) from whom every family in heaven and on earth is named, (16) that according to the riches of His glory He may grant you to be strengthened with power through His Spirit in your INNER BEING. (17) so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, (18) may have strength to comprehend with all the saints what is the breadth and length and height and depth, (19) and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God. (20) Now to Him who is able to do far more abundantly than all that we asked think, according to the power at work within us, (21) to Him be glory in the Church and in Christ Jesus throughout all generations, forever and ever. Amen.

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- **Paul start by recognizing that we each have an 'inner being'...just like David acknowledged. The fact that we need to be praying for spiritual strength tells us that we are not always...or not even frequently... strong. There is turmoil/war going on in our hearts....our inner being can recognize that.**
 - **The Good News"....that when you receive Jesus, you are marked with a Seal and given His Spirit and the 'riches' (eg. confidence) that come along-side. And you can rely on Him to be restored...day-by-day/hour-by-hour (ie. 'Give Us this Day our Daily Bread'- -Him!!!!)**
 - **V-17....Why? You are given this strength so that Christ can dwell ('permanently live') in our hearts through faith. Ponder that.....you have permanent access to Christ....use it/ speak to Him...the literally perfect Resource!**

- Pastor Rob often uses journaling to connect with Him...but there are a variety of ways reflecting our own differences/preferences. In whatever form, there is an investment of time that includes cores like Scripture study (including memorization) and prayer...in whatever setting. This process should be joyful....not 'chore-ful'. However you do it, find your 'sweet spot' and **CONNECT WITH JESUS!** (Just like David did!). It is a privilege!!!
- Be conscious of your **INNER BEING (V-16)**....that reflects a brokenness that you can't necessarily see on the 'outside' and which you can't just 'muscle through'. Its a brokenness that cannot be fixed without Jesus and his love (V-17-19). Jesus' love is like the roots of a tree.....providing measurable/substantive depth and strength, etc.!.....which is further fortified as we all interact, share and support each other.
- This love of Jesus is so wide it encompasses the entire world...so long that it extends from 'eternity past' to 'eternity future'so deep that your worst sins can be forgiven....and finally, so high that it that it bridges the gap between us and heaven! And His Love surpasses all knowledge....far beyond us!
- Note also that this passage embraces the entire Trinity.....V-14, the Father... V-16, the Spirit...V-17-21, Jesus, the Son. See also Eph 3. The notion of the Trinity is so deep/profound.....inviting you to explore, contemplate and pray. Its a notion not very comprehensible as it touches on the pure nature of God which is beyond our understanding (quite expectable considering the limits of the human mind). One 'Essence' and three Persons!
- Yet....we can be filled with the fullness of God.....accepting Him as our Savior...right now! And giving us the Spirit and love that brings us to "WALK WORTHY"more and more as you get closer and closer to Jesus.
- Lastly.....'to Him be the Glory'through Christ Jesus....who continually surprises usmiraculously or providentially....through all aspects of our lives. Let that feed your 'INNER BEING'. Take your struggles and turn it into praise to Him who feeds us (just as David did...eg. Ps 69:29-34)

**** CONNECT WITH JESUS.....WALK WORTHY ****