

November 3 – 9

Walk Worthy | Unity of the Spirit

Icebreaker: What kinds of things bind people together? What kinds of things drive people apart? Where do we see these at work during this election season?

In this session, we will consider what ought to draw together the members of the body of Christ.

Read Ephesians 4:1–6

- As Paul begins, why is the reality of his imprisonment important to what he asks of them?
- Paul encourages believers to walk in a manner worthy of their calling.
 - What is this calling? Why is it significant?
 - What does it mean to live in a way that is worthy of this calling? What would it mean to walk in an unworthy manner? Why is this important?
- In verse 2, Paul describes attributes of how we should walk. What are they? How do these attributes relate to Christ and differentiate from the world's values?
- Beginning in verse 3, how does the Church function as a body? How does a body function together?
- Why is it essential for all believers to believe in “one Spirit,” “one Lord,” “one faith,” “one baptism,” and “one God and Father.” How does this safeguard our doctrine and unity as believers?
- How have you seen denominational or other differences divide or cause tension in the Church?

Application

- This section bridges Chapters 1–3 (Doctrine/truth) and 4–6 (Practice/Actions). Thinking more generally, what is the connection between what we believe and how we act?
- Why are the character traits from this passage – humility, patience, gentleness, bearing with others – so difficult to live out?
- How have you seen the opposite of this being lived out in the church or with believers? How has that affected the outward witness of Christ and the internal functioning of the Body?
- We are called to be eager to maintain the unity of the Spirit. Why must we be eager to do this? What keeps us from desiring unity? How can we increase our desire to maintain unity?
- How can the church show people another way when we consider the high levels of disunity in our culture today?