

November 10 – 16

Walk Worthy | Our Position in Christ

Icebreaker: Think about something you greatly desired when you first got it. You loved it, but after some time, it lost its appeal. Why did it lose its appeal?

In this session, we will consider the gifts God has given those who believe in him and how we must remember them and live according to them.

Read Ephesians 1:1-14

- What do we learn about the author? The audience? Look at any study notes in your Bible about this letter. What do you learn?
- How have we been given spiritual blessings in Christ? To ask it another way, how does Jesus make spiritual blessing possible?
- How are spiritual blessings different from physical blessings?
- What is the significance of God choosing us before the foundation of the world and predestining us to be adopted into his family?
- What does the word redemption imply?
- How does the word lavished make you feel about God's grace?
- What is our inheritance?
 - How do we receive this inheritance?
 - What is the purpose of our receiving an inheritance?
- What does verse 13 say about our role in the process of salvation? How does this relate to God's work in choosing us?
- Why is it necessary that we be sealed with the Holy Spirit?
- How do you feel when you realize that the Holy Spirit guarantees your salvation?
- What is the phrase "to the praise of his glory" significant? Note that this is repeated three times in this passage.

Application

- Do you think about spiritual blessings regularly? Why is it challenging to allow spiritual blessing to make a difference in daily life?
- What difference should spiritual blessings make in our lives?
- Consider that God ultimately gives us these blessings for his own purposes and glory. How does that make you feel about God?
- If all these blessings are found in Christ, then we can only understand and experience the joy of these blessings if we know and experience the person of Jesus Christ. Let's pray we would experience the person of Christ daily.